



# West Sacramento Community Resource Quick Reference Guide

Who to call when you have a question regarding:

## Housing

4th & Hope  
(530) 661-1218

Empower Yolo  
(530) 661-6336

## Food

Yolo Food Bank  
(530) 668-0690

Salvation Army -Yolo  
(916) 678- 4010

YCCA  
(916) 572-0569

## Legal Help

Empower Yolo  
(530) 661-6336

Legal Services of Nor Cal  
(916) 447- 5798

## Childcare Help

Children's Home Society  
(530) 645-6265

## Domestic Violence

W.E.A.V.E.  
916-920-2952

## Suicide

### Prevention

Suicide Prevention  
of Yolo County  
(916) 372-6565

National Hotline:

**1-800-273-TALK**

## Suspected Child Abuse

Yolo hotline  
(530) 669-2345

## LGBTQ

### Support

Sacramento LGBTQ  
center  
(916) 442-0185

## Transportation

Via RideShare  
(916) 318-5101

YoloBus  
(916) 371-2877

## Reproductive Health

Planned Parenthood  
(530) 662 - 4646

## Counseling

Mental Health Crisis &  
Access line- Yolo  
(888) 965 -6647

Yolo County ADMH  
(530) 666 - 8630

Yolo County Behavioral  
Health  
(916) 375- 6350

Salud Clinic/  
Communicare  
(916) 403-2970

## Tech Help

Computers 4 Kids  
(916) 572-1152

**\*\* Please note,** all organizations listed here often work collaboratively, and offer multiple additional services. When in contact, please inquire as to what other information they can share to help. Please also note- this is not an exhaustive list and there are many more community support services options available if needed.